BERLIN PARKS AND RECREATION

YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks.
EST. 1979

Skyhawks Sports Academy provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2019

(course) (dates) (days) (time) (ages) (fee) (location)

TINY-HAWK® (BASKETBALL & SOCCER)

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans.

224920C	7/08 - 7/12	M-F	9:00 a.m 9:45 a.m.	3-4	\$70/80*	Richard D Hubbard School
224920CN	7/22 - 7/25 †	M,T,W,Th	5:00 p.m 5:45 p.m.	3-4	\$65/75*	Richard D Hubbard School

MINI-HAWK® CAMP (BASEBALL, BASKETBALL & SOCCER)

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

224920B	7/08 - 7/12	M-F	10:00 a.m 1:00 p.m.	4-7	\$129/139*	Richard D Hubbard School
224920BN	7/22 - 7/25 †	M,T,W,Th	6:00 p.m 7:00 p.m.	4-7	\$70/80*	Richard D Hubbard School

MULTI-SPORT CAMP (BASEBALL, BASKETBALL, FLAG FOOTBALL & SOCCER)

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

224920E	7/08 - 7/12	M-F	9:00 a.m 1:00 p.m.	7-12	\$129/139*	Richard D Hubbard School
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† Camp is M-Th with Friday as a rain back-up, if needed

*Non-resident fee applicable to all customers not a resident of Berlin



(course) (dates) (days) (time) (ages) (fee) (location)

SOCCER CAMP

Skyhawks was founded as a soccer club in 1979. Thirty years later we are still the number one choice for parents looking to Refine their child's fundamentals of the world's most popular sport. Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills & sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their sport skills preparing them to play for the playground or league play!

224920D 7/15

7/15 - 7/19

M-F

9:00 a.m. - 12:00 p.m.

6-8

\$129/139*

Richard D Hubbard School

TRACK AND FIELD CAMP

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet!

224920G

7/22 - 7/26

M-F

9:00 a.m. - 12:00 p.m.

7-10

\$129/139*

Berlin High School

VOLLEYBALL CAMP

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player.

224920F

7/29 - 8/02

M-F

9:00 a.m. - 1:00 p.m.

10-14

\$129/139*

Berlin High School

*Non-resident fee applicable to all customers not a resident of Berlin

This was my 6-yr. old's second year in Skyhawks and she LOVES it!!! She can't wait to go each morning and she comes home happy!! The counselors remembered her from last year which made her feel super special. They give the kids just enough activity and make them feel included from the start. Great camp!! – **Amy S, Niantic CT**